PEP – committed to online safety.

"The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation; radicalisation; sexual predation; technology often provides the platform that facilitates harm. An effective approach to online safety empowers a school or college to protect and educate the whole school or college community in their use of technology and establishes mechanisms to identify, intervene in, and escalate any incident where appropriate. "

Keeping children safe in education (DfE, 2019)

The young people we work with are particularly vulnerable. We have over the years seen many examples of internet safety being a contributary factor to the reasons leading to admission. They have often posted something online that has been used to target them. They have been the subject of ridicule, online bullying. They have access to a range of sites, groups, videos, that detail methods of self harm and diet restriction. They have low self esteem and a distorted view of how young people "should" look with little regard for the digital imaging used to create an enhanced and ultimately false picture. Here at Poplar we aim to tackle these issues through our curriculum, using both group and individual work and presentations to work with the medical team in building resilience, and signposting ways to get help.

There are links below to reliable sites and sources of support for further reading.

The NSPCC – National Society for the Prevention of Cruelty to Children

The NSPCC works to protect children and prevent abuse to make child abuse a thing of the past. The charity has produced guidance about undertaking remote teaching safely, which is intended to guide schools in applying best-practice principles during these challenging and evolving times.

NSPCC Learning

A range of child protection and safeguarding teaching resources, advice and trainingfor schools and colleges. Covers best practice principles and consideration, such as platforms, live streaming, consent, contacting children at home, child protection concerns, online safety and mental health and wellbeing. Also has links to other guidance that may be particularly useful currently.

NSPCC Net Aware provides news, information and updates around the social networks, Apps and games that children are using.

SWGfL

This charity aims to empower the safe and secure use of technology. Their website has a range of resources for schools covering online safety issues, and Safe Remote Learning guidance has been created. It contains a range of information and areas for schools to consider, including policy templates.

National Online Safety

This organisation's mission is to make the internet a safer place for children, by equipping school staff, parents and children with the knowledge they need to understand online dangers and how best to react should an incident arise. They have produced a guide focussing on safe remote learning in education, and how to ensure the safer use of technology.

Internet Watch Foundation

'All children deserve to be protected from sexual abuse.' The Internet Watch Foundation works to minimise the availability of online sexual abuse content.

UK Safer Internet Centre

A partnership of three leading organisations: Childnet International, Internet Watch Foundation and SWGfL (Safety & Security Online).

The partnership's mission is to promote the safe and responsible use of technology for young people, through their:

Child Exploitation and Online Protection Command – 'CEOP'

CEOP is a law enforcement agency that works to keep children and young people safe from sexual exploitation and abuse. Children, young people, their parents or carers and professionals can report concerns online to one of CEOP's Child Protection Advisors.

CEOP also offers a range of information about keeping safe from child sexual exploitation. This is separate information for different age ranges, for example 5-7, 8-10, 11-13 and 14+ year olds, with separate information for parents and carers, professionals and reporting.

Thinkuknow is an education programme from CEOP. New pages have been added to their website, including activity packs to support parents during COVID-19 and school closure. Each fortnight, Thinkuknow plan to release new home activity packs with

simple 15-minute activities parents and carers can do with their children to support their online safety, at a time when they will be spending more time online at home. They have added information about video chat during isolation for parents and carers, and an online safety blog.

Childnet International

A children's charity with a range of free practical resources about online safety for teachers, including for children with Special Educational Needs. For example, they have produced cyber bullying guidance.

Anti-Bullying Alliance

The Anti-Bullying Alliance is a coalition of organisations and individuals, working together to stop bullying and create safer environments in which children and young people can live, grow, play and learn. Their website contains a Tools & Information section with information about online bullying.

PSHE Association

A charitable national association for PSHE (Personal, Social, Health and Economic) education professionals. Members receive support, resources, training and guidance.

Parent Zone for schools

Resources to support teachers in educating their pupils about staying safe online, what to do if they find themselves in an uncomfortable situation, and how to build their digital resilience.

LGfL

LGfL (The London Grid for Learning) is a community of schools and local authorities committed to using technology to enhance teaching & learning. They have a number of free resources on their website, including guidance about keeping children safe while teaching remotely, and their 'Twenty Safeguarding Considerations for Lesson Livestreaming'.

The Diana Award

A charity running projects aimed at reducing bullying in schools. Their resource section has information to help schools tackle cyberbullying along with resources from their *Be Strong Online Ambassador* programme – a peer-led initiative which aims to empower young people to increase the digital resilience of their peers.

DotCom Digital

A free resource for schools, created by children with Essex Police and the National Police Chief Council Lead for Internet Intelligence and Investigations. The resource aims to prevent young people becoming victims of online grooming, radicalisation, exploitation and bullying, by giving them the confidence to recognise warning signs and reach out to an adult for help.

Educate Against Hate

Government advice and trusted resources for schools to safeguard students from radicalisation, build resilience to all types of extremism and promote shared values.

The use of social media for online radicalisation

A briefing note for schools on how social media is used to encourage travel to Syria and Iraq.

online resources for children

Childline

Childline helps anyone under 19 in the UK with any issue they're going through. Children can talk with Childline about anything, whether big or small; their trained counsellors can help. See their website or call free on 0800 1111.

BBC Own It

Updated in relation to COVID-19, this website provides support for young people to take control of their online life. Topics include help and advice, skills and inspiration on matters such as friendships and bullying, safety and self-esteem.

BBC Bitesize

A free online study support resource designed to help with learning, revision and homework. Bitesize provides support for learners aged 5 to 16+ across a wide range of school subjects. It also supports children and young people's wellbeing and career choices; since 20 April daily lessons have been published to help pupils across the UK with home schooling.